



Date of appointment: \_\_\_\_\_

**Please allow a 48-hour notice to cancel or reschedule this appointment / 770-325-2275 to avoid \$100 no call no show fee**

Procedure Time: \_\_\_\_\_ (Arrive 1.5 hrs prior to procedure time)

Facility Name & Address: \_\_\_\_\_

***One (1) week before exam: No Fiber supplements, Vitamins, Iron, Vitamin E, Aspirin or blood thinners.***

***Day of procedure: Do not wear any lotion or jewelry***

**Bowel Prep Instructions:**

- Purchase the following items:
  - 4 Dulcolax laxative (or generic Bisacodyl) 5mg Tablets
  - 64 oz bottle of PowerAde or Gatorade Beverage
  - 238 gram bottle of Miralax (powdered laxative)

**One (1) Day Before Exam: Clear liquid diet all day. No solid foods.**

Clear liquids include water, apple juice, tea, coffee without cream white grape juice, Sprite, 7-Up, Ginger Ale, lemon-lime, lemonade, chicken broth, Jell-o, Gatorade, Powerade, Vitamin Water, Crystal Lite

**Schedule:**

**3 p.m.:** Take 2 Dulcolax tablets

**5 p.m.:**

Take final 2 Dulcolax tablets

Mix bottle of Miralax with the 64oz. bottle of Gatorade or PowerAde

Drink an 8oz. glass every 15 – 20 minutes until GONE.

Do not drink all at once, may cause cramping.

**Midnight/12 a.m.:** NO food or drink after midnight/12 a.m.

**Day of Exam:** If you are still passing any solid stool, take a plain Fleet enema and repeat if necessary.

**Checklist for exam:** • Have a driver to drive you home • Bring photo ID • Bring insurance card

*If you have any questions regarding these PREP instructions, call the 770-325-2275 and speak with your doctor's nurse.*

**\*\*\* Special Instructions for patients with diabetes on the following page**



**For Patients with diabetes:**

If on insulin, use half your usual dose on the day prior to the procedure while on the clear liquid diet.

Utilize low sugar beverages like Gatorade G2, Powerade Zero, Crystal light etc for mixing

Hold the medications below 4 days prior to procedure

Generic Name	Brand Name
Canagliflozina	Invokana
Dapagliflozina	Farxiga
Empagliflozina	Jardiance
Canagliflozina/meformin	Invokamet
Dapagliflozina/metformin	Xigduo XR
Empagliflozina/metformin	Synjardy
Empagliflozina/linaglinptina	Glyxambi