



Anorectal Preop and Postop Instructions

These are the standard instructions for the following procedures performed as an outpatient surgery including Hemorrhoidectomy, Anal Fistula Surgery, Sphincterotomy, THD, Seton Placement

How to prepare for the procedure: Nothing to eat or drink after midnight the night before the procedure. Prior to arriving to the hospital please do a Fleet (or any generic) enema found over the counter at the pharmacy or grocery store in the laxative aisle. Follow package instructions

Arrive at **Piedmont Fayette Hospital (1255 Hwy 54 W, Fayetteville, GA 30214) 2 hours prior to the procedure. Use the West entrance and report to the registration desk**

The procedure: The procedure will last 30-60 minutes during which time you will receive anesthesia and an injectable anesthetic to minimize any pain or discomfort.

Recovery: Rectal bleeding may occur up to 6 weeks post procedure.

- To alleviate discomfort, try warm tub soaks, hot compresses, and over the counter Tylenol or Ibuprofen may be used
- A narcotic may be prescribed to aid in pain, if you take this **AVOID CONSTIPATION.**

Drink at least 64oz water daily. Use stool softeners, MiraLAX, or mineral oil if needed.

Your first post-op visit should be 2-3 weeks after surgery and the second visit 4 weeks after that.

- **Signs to watch out for: heavy bleeding, uncontrolled pain, fever >101, inability to urinate**
- As always in the case of an emergency dial 911
- Call the office with any other questions for concerns 770-325-2275

